

# FINAL REPORT – VAVROUŠEK SCHOLARSHIP

NAME: Nikola Harsová

YEAR OF STUDY: 3rd (Bachelor)

TOPIC OF THE INTERNSHIP: Website and PR department supporter – Working at SJ Vietnam office and assisting in free English class for students to improve their oral and communication skills

SCHOLARSHIP AMOUNT: 12000,- CZK

COUNTRY OF IMPLEMENTATION: Vietnam

PERIOD: 3<sup>th</sup> of July - 21<sup>th</sup> of September

- **Brief description of the internship:**

The internship took place at the SJ Vietnam (Solidarités Jeunesses Vietnam) in the capital of Vietnam. It lasted almost 3 months. I was part of two projects and also I had the opportunity to join all projects and workcamps which were taking place in Hanoi. I worked there as an assistant and a teacher of my free English class. I was a supporting volunteer in the Phuc Tue center with disabled children. In the middle of August I participated in the summer weekend workcamp (Campactus – Be globally fit) as a mentor of one group.

- **Description of the activities:**

I worked from Monday till Friday usually from 9 to 5pm. At the beginning I lived in the office with other volunteer, but after a month I moved to a host family. They lived around 8 miles far away so I usually spent almost 4 hours in buses every day. My English course was from 9 to 12. My students were aged between 14-45 years old. At the beginning we had the course in the volunteers house, but later we had to move to the office. Sometimes it was really crowded and noisy. I tried to discuss with them about current issues. After I helped in the office. Usually I was communicating with other organizations and volunteers, promoting future projects, taking care of new volunteers, helping with evaluations. In the Phuc Tue center I was making activities for disabled children. Also I helped to build a library in the Fisher village.

- **Benefit of the internship for student and partner organization:**

The benefit for me was definitely to see the developing country, live in the host family and also became a member of this organization. I am planning to join some workcamps there in the future. The internship had a positive impact on my organisational and presentation skills.

I am glad I had this opportunity to meet and help them because they were very kind, welcoming and friendly. We felt like a family. I learnt to ride a motorbike even in Hanoi's traffic. I am happy I could join all the workcamps and I appreciate their effort to engage me in everything. They stated that they were glad and they really appreciated that I helped them. We hope to cooperate together in the future.

- **Presentation of the outcomes of the internship:**

I would like to write an article about my internship. As a new volunteer in ARPOK maybe I would become a Živá kniha and talk about my experience. Also I am open to any discussion or presentation.

Fotodocumentation

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**FINAL BUDGET:**

Budget	Unit	Price per unit	Number of unites	Total	Contribution from Vavroušek Scholarship
Personal costs	1 unit/day	80	80	6400	0
Sending organization fee	1	2200	1	2200	0
Travel costs					
Transportation costs	Plane/train ticket			18490	0
Hosting organization fee (food, accommodation, projects, administration)	1 month	7030	2,5	17576	12000
Visa	1	560	1	560	0
Travel insurance	1	3100	1	3100	0
Vaccinations					
– Typhoid	1	990	1	990	0
– Hepatitis A	1	1520	2	3040	0
<b>Total</b>	-			52356	12000